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# 01 Excel 2019 Beginner Tutorial

Don Guilbeault - 2026-05-23 - [Comment \(1\)](#) - [Excel 2019](#)

## Excel 2019 Beginner Tutorial:

Keep in mind that this beginning tutorial does cover some of the extreme basics of the Microsoft Excel, however there are a number of interest tips and tricks throughout the video that will aid you in your day to day operations of Microsoft Excel. I'm sure everyone will gain some kind of insight or knowledge they have not previously known when completing this tutorial.

### What will you gain from this tutorial:

1. Increased familiarity with Microsoft Excel names and common terminology.
2. Improved navigation skills.
3. Improved knowledge on keyboard shortcuts
4. Basic understanding of Calculations, Formulas and Functions.
5. Basic understanding of Spreadsheet Formatting.

This first tutorial is roughly 2 hours in length and is broken into chapters:

## CHAPTERS:

(Please note that these chapter links will open directly to YouTube)

Start [0:00](#)  
Introduction [0:03](#)  
Start Screen & Templates [0:59](#)  
Ribbon & Quick Access Toolbar [6:04](#)  
Backstage View [12:44](#)  
Smart Lookup & Tell Me [15:33](#)  
Interface [18:49](#)  
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Keyboard Shortcuts [26:03](#)  
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Deleting & Formatting [40:20](#)  
AutoSum 44:55:01 Simple Formulas [49:29](#)  
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Printing [1:49:58](#)

## Support Documents:

[Savethefile](#)  
[Savethefilev2](#)

**Additional Support Documentation: (Optional)**

[Microsoft Excel 2019 Beginner - Handout](#)

- Tags
- [Excel Training](#)

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### **Comment (1)**

CF **Chantelle Follack**

4 years ago

Very informative, thanks for setting this up Don!